

Do You Need an Executive Function Coach or a Tutor?



Executive Function Coaching

- **Focuses on cognitive processes such as:**
 - **Planning**
 - **Prioritizing**
 - **Time management**
 - **Maintaining focus**
 - **Self regulation**
 - **Organization**
 - **Task initiation**
 - **Cognitive flexibility**
 - **Study skills**



Academic Tutoring

- **Focuses on an academic subject**
- **Helps student better understand content**
- **May deliver content in a slower pace**
- **Helps prepare for standardized tests**



Click the link to get started!



Click the link below to access our free webinar series.



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